

# THE BUZZ@CROSSROADS

August 2021

## URGENT CALL FOR VOLUNTEERS!

It's that time of year again, our Summer AmeriCorps team members are completing their service term and regular volunteers are taking final summer vacations. Crossroads is putting out a call for volunteers to help starting Monday, August 16th until the end of the month.

Crossroads invites you to volunteer and make a difference!

Please come join us and support Crossroads to provide nutritious food to low-income families and individuals and help in our fight against hunger.

**TO SCHEDULE YOURSELF VISIT THE**

**[VOLUNTEER LOGIN PORTAL](#)**

**or email [lproctor@ccsdallas.org](mailto:lproctor@ccsdallas.org)**

### OUR VOLUNTEER SCHEDULE

- Drive Thru
- KRP sorting & packaging
- Dry Kit Box Building
- Homebound Delivery Driver

**Monday - Thursday**

**AM SHIFT :**

**8:30 AM -11:30AM**

**PM SHIFT**

**11:30 AM - 2:30PM**



# DIABETIC FOOD DRIVE

Crossroads Community Services has seen an increased need from our diabetic clients receiving food from our Pantry. Please consider hosting or donating to a Diabetic Food Drive. Below are guidelines for donations so we at Crossroads can achieve our mission and provide our clients with the best foods for their needs.

## **Diabetic Food Needs:**

- Nuts
- Canned vegetables with 0-2 grams of added sugar
- Canned soup with no added sugar
- Protein shakes
- Brown rice
- Whole wheat pasta
- Oats
- Lentils
- Beans
- Velveeta cheese



**CROSSROADS**  
COMMUNITY SERVICES  
*nourishing people, powering change*



For diabetic food donations contact Liane Proctor:  
lproctor@ccsdallas.org or 214.560.2511 ext. 401

# Homebound Delivery Program

By Laura and Katherine

In June of 2020, Crossroads Community Services initiated a new program called Food Box Delivery homebound clients due to the COVID-19 crisis. This program allowed for homebound clients to have their food delivered to their doorstep. The food delivery program allows for a safe contactless delivery between the volunteer and the client which is important for many of our homebound clients who are over of 65 years of age.

Every month, our homebound clients receive their boxes of food that are delivered by one of our volunteers. The number of boxes that they receive is calculated by the number of individuals per household. They also receive additional box full of fresh produce and protein, if available that day in our drive-thru food pantry.



Olga Flores, one of our lovely Food Box Delivery Clients, tells us that she is so blessed and thankful for Crossroads. Olga unfortunately suffers from a medical condition that makes it very difficult for her to leave her home, Thanks to Crossroads Community Services, Olga and her family are able to have fresh produce and proteins.

Our Volunteer Engagement team - Summer AmeriCorps Vista, Laura Wimberley, and Summer AmeriCorps, Katherine Rivera - delivering to our Homebound Clients



## AUGUST BIRTHDAYS



Vivian Abron

Walter Cowger

Kenneth Rogers

Rebecca Soliz



“Age is a case of mind over matter. If you don’t mind, it doesn’t matter”

- Mark Twain



# Dedicated Volunteer, Sara Leslie Eades

By Katherine Rivera

## DRIVE THRU PANTRY HOURS

Monday-Thursday  
8:30 a.m - 1:00 p.m

1ST AND 3RD  
SATURDAY OF  
THE MONTH  
PANTRY HOURS  
8:30 a.m - 12:30 p.m

TO VOLUNTEER  
PLEASE CONTACT:

Liane Proctor at

[lproctor@ccsdallas.org](mailto:lproctor@ccsdallas.org)

and/or

Katherine Rivera at

[ccsvolunteer@ccsdallas.org](mailto:ccsvolunteer@ccsdallas.org)

or

<https://ccsdallas.org/volunteer/>

er/

COVID-19 Guidelines at

Crossroads:

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Sara Leslie Eades, one of our dedicated volunteers, sparked an interest for food insecurity when COVID-19 hit the community.

She began volunteering with a group called "Taste Project". Taste Project is a community restaurant located in Fort Worth, Texas whose concept revolves around "pay what you can". After her volunteering experience with Taste Project, Leslie grew a love and passion for the importance of nutritional food and its impact to one's mental and emotional health. "I have always loved food, but I also feel there is so much more to food and nutrition. I don't just mean by food intake but also how it connects our whole body - mentally, physically, and emotionally."

During COVID, Leslie then decided she wanted to make a bigger impact and do something very different, which then brought her to Crossroads Community Services in January of 2021.

Leslie explains, "I think nutritious food is not always easy to come by and I think it's wonderful that Crossroads has fresh produce and fresh meat. They are really paying attention through the Community Assistance Research Program to what their clients needs."

In fact, Leslie loved Crossroads so much that she now serves as a member of the Volunteer Engagement Program Advisory Committee and continues to do so today.



# Meet Crossroads Summer AmeriCorp Vistas & Interns

We may say this several times and we will say it again, Crossroads would not be the same without our AmeriCorps and interns. We want to take the time and say thank you to this special group of people who make everyday at Crossroads possible.



Each term our organization recruits an exceptional team of young, motivated, and dedication people who have a passion for serving the community.

AmeriCorps VISTA members serve in partnering nonprofits who provide education, food security, and economic opportunity to vulnerable individuals. Crossroads is fortunate to have this standing partnership with AmeriCorps each year.

At Crossroads, not only are we a team but a family. If you see one of our members on site, please be sure to say hello and thank them for their time and dedication.

From top to bottom: Bamedi Mata (Year Long VISTA for Food Pantry), Nidia Duran (Summer AmeriCorps VISTA for Food Pantry) , Laura Wimberly (Summer AmeriCorps VISTA for Volunteer Engagment, Clarrissa Fuentes (Food Pantry Intern) , Ruth Bennett ( Food Pantry Intern )



# Hunger free america's national anti-hunger tour makes a stop at Crossroads Community Services

By Laura Wimberly

Crossroads Community Services was a stop on Hunger Free America's anti-hunger tour presented by CEO Joel Berg to address food insecurity around the nation.

Hunger free America is a nationwide anti-hunger advocacy and direct service organization that develops policies and programs to end hunger in America.

He was able to tour our facility and learn more about what we do at crossroads community service

Berg stated that "This is my 20th year with the organization and I'm marking my 20th year by traveling to, I think, 24 states over eight thousand miles. My goal is to highlight how persistent the hunger problem is but also to highlight great programs like our VISTA Americorps program that we have in partnership between Hunger Free America, the federal government and Crossroads Community Services."

